

“It was such a relief to finally know for sure. Not knowing was far worse than the truth.”

R.E. London

Booking an Appointment?

You can arrange a convenient health screening appointment by calling: 0800 9889 999 (Office hours)

Or for more information please visit our website www.doctorsdirect.co.uk/wellperson

Call free on
0800 9889 999

WP-2-0508

Private Clinic Services

Wellman and Wellwoman

Book yourself an in-depth medical review to assess your health on a holistic level

Travel Clinic

Discuss your travel plans and arrange the appropriate vaccinations

Private Doctor

See a doctor at home, at your office or at one of our clinics



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0800 9889 999
www.doctorsdirect.co.uk

**DOCTORS
DIRECT**
CLINICS

Wellman and Wellwoman



Personal Health Screening

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CONVENIENT • COMFORTABLE • CONFIDENTIAL

Your Peace of Mind

Few people consider seeing a doctor for no reason, but if, like the majority of our patients you've had reason to wonder about your health, then our health screening can provide the answers you need. In many cases early screening has literally saved lives.



Whilst the NHS excel at responding to medical emergencies their focus on dealing with specific complaints and the demands on their time are often to the detriment of focused preventive medicine. Our health screens provide a comprehensive consultation with an experienced medical professional where we can give you all the time you need to discuss any health concerns you may have.

We offer convenient appointments with complete confidentiality, a comfortable environment and a tailored, personal approach.

Your Initial Consultation

No two of us are the same and our health needs differ dramatically. As a result we've made our health screens as flexible as possible so that they can be tailored according to your individual circumstances.

An initial consultation with one of our doctors will include a focused medical history and a thorough physical examination including:

- Height and weight measurement
- Body mass index • Hip to waist ratio
- Blood pressure • Condition assessment
- Pulse rate, rhythm, quality • Peak flow
- Breath sounds • Chest expansion
- Abdominal palpation

With your agreement we can include a cervical smear, breast examination, prostate screen and specific blood tests as appropriate, and no additional charges will be incurred without your consent.

Depending on your personal requirements we can also add a full fasting pathology and urinalysis as well as resting and stressed ECGs.

After your consultation and having fully discussed your concerns we hope we will be able to lay your worries to rest. Should anything unexpected be discovered we will immediately suggest appropriate additional screening or onward referral to ensure any required treatment is received at the earliest possible time.

Your Test Results

A detailed written summary will be dispatched within two to five working days (including any further advice following blood tests results). The summary will include any advice already given as well as lifestyle suggestions and any additional tests or referrals that are considered appropriate. You can call to discuss your results without any further charge.

Further appointments can be arranged at your discretion following discussion with your doctor about the optimal review interval.



The Cost of a Personal Health Screen

Ask in clinic for a price list, call us on 0800 9889 999 or visit our website www.doctorsdirect.co.uk/wellperson

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